

Norton LifeLock-style identity shopping list

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A scanner does not watch your Social Security number. A credit freeze is free in the US. Paid monitoring is optional insurance, not a substitute for a freeze.

1. Freeze credit at Equifax, Experian, and TransUnion. Store the PINs offline.
2. Turn on two-factor authentication for email, IRS Online Account if you use it, Social Security, and banks.
3. Use a unique password on that email. A password manager helps; it does not have to be Norton's.
4. If you buy monitoring, write down what is watched (SSN, bank, kids) and who gets the alerts.
5. If you buy backup, run a restore test of one folder. An untested backup is a hope.
6. Keep IdentityTheft.gov bookmarked. A paid dashboard does not replace the federal recovery checklist.

Monitoring tells you after data is already circulating.

The virus-removal promise on some Norton plans is Norton's policy, not a CyberGuardLab guarantee. Read current terms on checkout. We do not reprint benefit caps.

CyberGuardLab.com key points | August 21, 2026