

CyberGuardLab

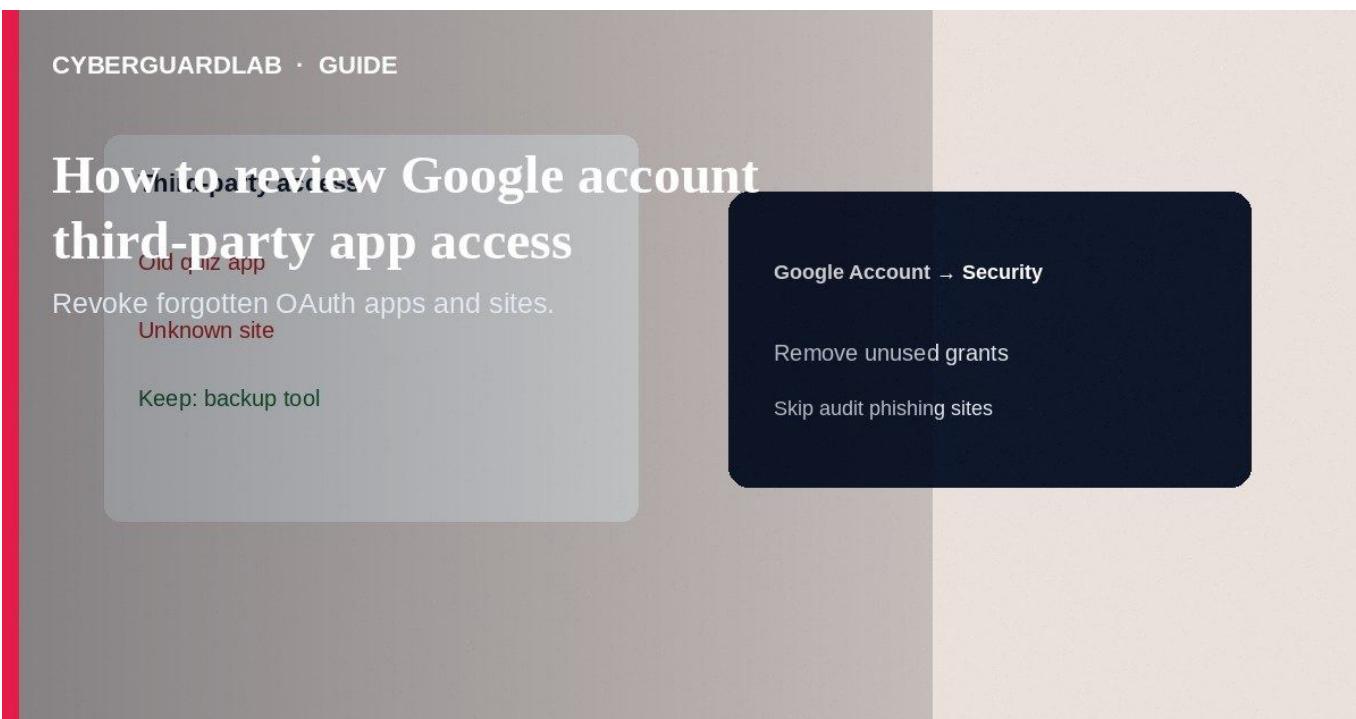
Household antivirus, explained

cyberguardlab.com

How to review Google account third-party app access

<https://cyberguardlab.com/blog/google-third-party-app-access-review>

Independent US household comparison site. Not the vendor. Paid links below may earn a commission. Confirm first-year price, renewal, device limit, and refund terms at checkout.



Third-party apps and sites you once granted Google Account access can keep reading Gmail, Drive, Contacts, or calendar data until you revoke them. Review myaccount.google.com/connections (or Account -> Security -> Third-party access) on a schedule and remove anything you do not recognize or no longer use. This how-to is Google account OAuth/app access-not Find My Device setup, not Chrome Enhanced Safe Browsing, and not Apple Sign in with Apple review.

1. Why review access

"Sign in with Google" is convenient; forgotten CRM tools, old PDF editors, and malicious look-alike apps accumulate scopes. After a phishing incident, revocation is part of cleanup alongside a password change.

Paid link

Norton 360 | See the Norton first-year offer



[See the Norton first-year offer](https://cyberguardlab.com/norton)

Offer page: <https://cyberguardlab.com/norton>

Only trust Google's own myaccount.google.com UI for revocation. Random "Google permission cleaner" extensions and sites are a common way to grant *more* access while pretending to help.

2. What "access" is not

Item | Meaning | Separate control

Third-party app access | OAuth to Google data | This guide

Android app permissions | Camera/mic/storage on the phone | Android Settings -> Apps

Work profile apps | Managed container isolation | Work profile guide

Chrome Safe Browsing | Browser phishing/malware warnings | Enhanced Safe Browsing

3. Steps: review and revoke

- * On a trusted device, open a browser and go to <https://myaccount.google.com/connections> (or myaccount.google.com -> Security -> third-party access / connections-labels change over time).
- * Sign in with the Google Account you care about. Prefer a bookmark you typed, not an email link.
- * List apps and sites with access. Open each entry; read which data types it can see or do.
- * Tap/click Delete all connections you have with ... / Remove Access / Revoke for anything unknown, unused, or overly broad (full Gmail + Drive for a flashlight-style app is a smell).
- * Repeat for other Google Accounts you use (work vs personal).
- * Change the Google password if you suspect account theft; turn on 2-Step Verification if it is off.
- * Check recent security activity in the Google Account for unfamiliar locations or devices.
- * On Windows, keep one antivirus primary-Norton, Bitdefender, or other on-site options (TotalAV, McAfee, Avast)-especially if a bad app was authorized from a PC browser.

4. After a suspicious grant

- * Revoke first, then change password and review recovery phone/email.

- * Check Gmail filters and forwarding rules for attacker persistence.
- * Watch for fake Google Play billing phishing that tries to re-steal the password you just rotated.

FAQ

Will revoking break a legitimate app?

Yes-you will need to sign in again and re-consent if you still use it. That is expected.

Is this the same as removing a device from Find My Device?

No. Device locate settings are separate from OAuth app connections.

Can Apple Sign in with Apple apps show here?

No. Those are Apple Account permissions-see the Sign in with Apple review guide.

How often should I review?

A practical habit is monthly, plus immediately after any phishing click or shared-computer sign-in.

If you still want a paid suite

Avoiding how to review Google account third-party app access does not require paid antivirus. Careful habits and official support paths are a valid buy-nothing stack. If you want multi-device paid protection later, use only these on-site paid links: TotalAV ([paid link](#)), Norton ([paid link](#)), Bitdefender ([paid link](#)), McAfee ([paid link](#)), Avast ([paid link](#)).

Sources

- * Google Account: Third-party connections
- * Google Account Help: Manage third-party access
- * FTC: Account security
- * FTC ReportFraud

Also read

- * How to turn on Google Find My Device before you lose a phone
- * How to turn on enhanced Safe Browsing in Chrome
- * How to review Sign in with Apple app permissions
- * How to spot a fake Google Play billing phishing email
- * How to turn on 2FA for Gmail, Apple, and bank